

What, Why & How

What?

Safe Routes to Schools (SRTS) is a national program that encourages walking and biking to school. It aims to reduce the number of children who are overweight and obese by promoting physical activity. SRTS programs are implemented in schools and communities to provide safe routes for children to travel to school.

Why?

Walking and biking to school are important for children's health. They help children stay active and healthy, which can reduce the risk of obesity and other health problems. SRTS programs also help children learn about safety and traffic rules. Additionally, SRTS programs can help reduce traffic congestion and air pollution in schools.

Safe Routes to Schools

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How?

Safe Routes to Schools (SRTS) programs are implemented in schools and communities to provide safe routes for children to travel to school. SRTS programs include walking school buses, bike messengers, and safe routes to school. SRTS programs also include safety education for children and adults. SRTS programs can help reduce traffic congestion and air pollution in schools.



